**Metabolic Assessment Form™ - Nutritional Key**

### CATEGORY I: Colon

**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Colon***:
- **4-R Program™**: Remove, Replace, Reinoculate, Revive
- **Remove**: GI-SYNERGY™ (K64): 1 packet once a day
- **Replace**: BileMin™ (K11): 1-2 capsules 2-3 times a day with meals
- **Reinoculate**: STRENGTH™ (K61): 1-3 capsules a day with water
- **Revive**: REPAIRVITE™ (K60), (K63): 1 scoop 1-2 times a day

### CATEGORY II: Intestinal Barrier

**[also check for Intestinal Permeability]**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Dietary and Nutritional Support for the Intestinal Barrier***:
- **REPAIRVITE™**: as directed by the REPAIRVITE™ Program booklet
- **GI-SYNERGY™**: 1-2 packets with meals
- **STRENGTH™**: 1-3 capsules a day with water
- **ULTRA-D COMPLEX™** or ULTRA-D 5000™ (K78): 1-4 teaspoons once a day with meals
- For additional vitamin D, consider LIQUA-D™ (K87): 1 drop once a day

### CATEGORY III: Chemical Tolerance

**[also check for Loss of Chemical Tolerance]**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Dietary and Nutritional Support for the Immune System***:
- **REPAIR & CLEAR™** Program (basic or comprehensive program): as directed by REPAIR & CLEAR™ Program booklet

### CATEGORY IV: Stomach

**[also check for Hypochlorhydria]**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Stomach Acid***:
- **HCL PRO-ZYME™** (Z26): 1-2 tablets 3 times a day with meals

**CATEGORY IV: Stomach (Cont.)**

**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for pH Balance and the Gastrointestinal System***:
- **H-PLR™** (K32): 1-2 capsules 2-3 times a day for 30 days
- **GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

**CATEGORY V: Stomach**

**[also check for Hyperacidity]**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for pH Balance and Stomach Acid***:
- **HCL PRO-ZYME™** (Z26): 1-4 tablets 3 times a day
- **GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

**Hyperacidity with Ulcer or Preulcerous State**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Gastrointestinal Tissue***:
- **GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

**Hyperacidity with H. pylori Inoculation**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for pH Balance and the Gastrointestinal System***:
- **H-PLR™** (K32): 1-2 capsules 2-3 times a day for 30 days
- **GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

**Hyperacidity Due to Stress**
**FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE**
**OR CONDITION:** Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for pH Balance and the Adrenals***:
- **ADRENA CALM™** (KR16), (KR73): apply in the morning, afternoon, and evening
- **GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

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*CATEGORY VI: Small Intestine/Pancreas*

**Pancreatic Insufficiency**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Pancreas**:  
**SUPERDENGEST-ZYME™** (Z22): 1-3 tablets with or between meals

**Pancreatic Insufficiency Secondary to Hypochlorhydria**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Pancreas and Stomach Acid**:  
**SUPERDENGEST-ZYME™** (Z22): 1-3 tablets with or between meals  
**HCL PRO-ZYME™** (Z26): 1-4 tablets 2-3 times a day

**Small Intestine Dysfunction**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Dietary and Nutritional Support for the Small Intestine**:  
**SMALL INTESTINE TERRAIN™** (T10): 20-60 drops under the tongue, 1-3 times a day before meals  
**CLEARVITE™ Basic Program**; three-week intestinal support program as directed by the **CLEARVITE™ Basic Program booklet**  
**GASTRO-ULC™** (K29): 1-3 tablets 2-3 times a day with meals

**CATEGORY VII: Small Intestine**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Small Intestine**:  
**CLEARVITE-GL™** (K95): 1 scoop with up to 4-6 ounces of water  
**SIBOTICA™** (KR77): 1 capsule once a day  
**REPAIRVITE-SE™** (K98): 1 scoop with up to 4-6 ounces of water  
**ENZYMIXPRO™** (K99): 1-2 capsules once a day  
**ENTEROVITE™** (K100): 1 capsule once a day

*CATEGORY VII: Small Intestine Pancreas*  
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Pancreas**:  
**SUPERDENGEST-ZYME™** (Z22): 1-3 tablets with or between meals

*CATEGORY VIII: Biliary*

**Biliary Insufficiency and/or Stasis**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Biliary System**:  
**METHYL-SP™** (K14): 1-2 capsules 2-3 times a day with meals  
**LYPOMIN-LV™** (K33): 1-3 capsules 3 times a day  
**METACRIN-DX™** (K10): 1-3 capsules 2-3 times a day  
**BLEMIN™** (K11): 1-2 capsules 2-3 times a day  
**SUPER EFA COMPLEX™** (K08): 1-2 tablespoons 1-3 times a day  
**C-ZYME 1000™** (Z04): 1 tablet 3 times a day with meals  
**MgK-ZYME™** (Z11): 1 tablet 3 times a day with meals

**CATEGORY IX: Hepatic Detoxication**

**Hepatic Detoxication**
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Dietary and Nutritional Support for Hepatic Biotransformation**:  
**CLEARVITE-SF™** (K24) or **CLEARVITE-PSF™** (K84): as directed by the **CLEARVITE™ Basic Program booklet**  
**HEPATO-SYNERGY™** (K69): 1-2 packets a day with meals

**CATEGORY X: Sugar Metabolism**
(also check for Hypoglycemia)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Sugar Metabolism**:  
**PROGLYCO-SYNERGY™** (K80): 1 packet 1-2 times a day  
**SUPER EFA COMPLEX™** (K08): 1-2 tablespoons 1-3 times a day  
**ADRENASTIM™** (KR15), (KR72): apply in the morning and at noon  
**GLYCEMOVITE™** (K85): 1 serving between meals

**CATEGORY XI: Peripheral Utilization of Sugars**
(also check for Insulin Resistance)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Peripheral Utilization of Sugars**:  
**GLYSEN-SYNERGY™** (K79): 1 packet 1-2 times a day  
**OMEGA-CO3™** (K07): 1-2 tablespoons 1-3 times a day  
**ADRENA-CALM™** (KR16), (KR73): apply in the morning, afternoon, and evening  
**OXICELL™** (KR22), (KR70): apply in the morning, afternoon, and evening  
**GLYCEMOVITE™** (K85): 1 serving between meals  
**AC-GLUTATHIONE™** (K88): 1-2 capsules 1-2 times a day

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**Category XII: Adrenal**

(also check for Adrenal Hypofunction)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Adrenal Function*:
ADRENAStim™ (KR15), (KR72): apply in the morning and at noon
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day

*May Also Need to Support Sugar Metabolism (see Category IX)*:
PROGLYCO-SP™ (K13): 1-2 capsules 3 times a day
SUPER EFA COMPLEX™ (K08): 1-2 tablespoons 1-3 times a day

**Category XIII: Adrenal**

(also check for Adrenal Hyperfunction)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Adrenal Function*:
ADRENAcalm™ (KR16), (KR73): apply in the morning, afternoon, and evening
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day

*May Also Need to Support the Peripheral Utilization of Sugars (see Category X)*:
GLYSEN™ (K01): 2-4 capsules 3 times a day with meals
ADRENAcalm™ (KR16), (KR73): apply in the morning, afternoon, and evening
OMEGACo3™ (K07): 1-2 tablespoons 1-3 times a day

**Category XIV: Electrolyte and pH Balance**

FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Electrolyte and pH Balance*:
ELECTRO-PH® COMPLEX (K86): 1 scoop with up to 8 ounces of water

**Category XV: Thyroid**

(also check for Hypofunction)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for Thyroid Function*:
THYROXAL™ (K12): 1-2 capsules 3 times a day

**Category XVI: Thyroid**

(also check for Hyperfunction)
FOR TREATMENT OF SYMPTOMS, OR IF YOU SUSPECT ANY DISEASE OR CONDITION: Appropriate conventional medical management and drug administration by a physician.

Nutritional Support for T3*:
THYRO-CNv™ (K09): 1-2 capsules 3 times a day
ADRENAcalm™ (KR16), (KR73): apply in the morning, afternoon, and evening
ADAPTOCRINE™ (K02): 1-3 capsules 3 times a day

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### CATEGORY XVII: Prostate (Males Only)

(Also check for Hypertrophy)

For treatment of symptoms, or if you suspect any disease or condition: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for the Prostate***:
- Prosta-DHT™ (K06): 1-2 capsules 2-3 times a day
- Super EFA Complex™ (K08): 1-2 tablespoons 1-3 times a day
- Estrovite™ (K05): 1-2 capsules 3 times a day
- Fibromin™ (K25): 1-3 capsules 2-3 times a day
- Zinc-Zyme™ (Z03): 1 capsule 3 times a day with meals

### CATEGORY XVIII: Andropause (Males Only)

For treatment of symptoms, or if you suspect any disease or condition: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Testosterone Levels***:
- Opticrine™ (K03): 1-2 capsules 2-3 times a day

### CATEGORY XIX: Menstruating Women

For treatment of symptoms, or if you suspect any disease or condition: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Progesterone Function***:
- Progestaid™ (K04): 1-2 capsules 3 times a day
- Super EFA Complex™ (K08): 1-2 tablespoons 1-3 times a day

**Nutritional Support for Estrogen Metabolism***:
- Estrovite™ (K05): 1-2 capsules 3 times a day
- Super EFA Complex™ (K08): 1-2 tablespoons 1-3 times a day

### CATEGORY XX: Menopausal Women

For treatment of symptoms, or if you suspect any disease or condition: Appropriate conventional medical management and drug administration by a physician.

**Nutritional Support for Progesterone Function***:
- Progestaid™ (K04): 1-2 capsules 3 times a day
- Super EFA Complex™ (K08): 1-2 tablespoons 1-3 times a day

**Nutritional Support for Estrogen Metabolism***:
- Estrovite™ (K05): 1-2 capsules 3 times a day
- Super EFA Complex™ (K08): 1-2 tablespoons 1-3 times a day

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